

Synergy Manual Physical Therapy

Financial Policy

- ~ We are pleased to have you as a patient and will make every effort to make our services accessible. If at any time, you find it difficult to make your payments, please discuss this with us. You will be responsible for paying your annual insurance deductible, copayment and/or co-insurance. Copayments are due at the time of service. Claims are submitted to your insurance company.
- ~ Our practice is committed to providing the best treatment for our patients and we charge what is usual and customary for our area. You are responsible for payment regardless of any insurance company's arbitrary determination of usual and customary rates.
- ~ Your appointment is specifically reserved for you, it is essential you attend and arrive on time. You will find that we do our best to run on time and we respect that your time is as valuable as ours. If you do not show up for a scheduled appointment a \$25 fee will be assessed. This is not charged to your insurance, it is charged to you. You will not be seen for your next visit until this fee is paid. We require at least a six-hour notice of cancellation. If you cancel the day of a scheduled appointment, Synergy reserves the right to charge a \$25 fee. We understand unforeseen circumstances such as illness, car trouble and family emergency, so this is at the discretion of the management. If you are going to be more than five minutes late for a scheduled appointment, please call and inform our receptionist. We will try to accommodate you, if possible, though we reserve the right to charge a “no show” fee of \$25 if you are late and the therapist is unable to see you.
- ~ As a self-pay patient you will be responsible for payment at the time of service. We will not bill insurance for any services provided and you may not submit for reimbursement from your insurance company.

I understand and agree to comply with the above noted policies.

Signature of Patient or Guardian

Date

Print Name

Intramuscular Manual Therapy (IMT) Consent Form

Intramuscular Manual Therapy (IMT) (previously known as Trigger Point Dry Needling (TDN)) involves placing a small needle into the muscle at the trigger point in order to cause the muscle to contract and then release, improving the flexibility of the muscle and therefore decreasing the symptoms. Muscular tightness and spasm will cause compression and irritation of the nerves exiting the spine. When the nerves are irritated, they cause a protective spasm of all the muscles to which they are connected. This may cause peripheral diagnoses such as carpal tunnel, tendonitis, osteoarthritis, decreased mobility and chronic pain. Because the needles are so thin, the patient often does not even feel the needle go in, but will quickly feel the relief of the muscle relaxing. The patient typically notices immediate increased flexibility of the muscle and a decrease in symptoms. This treatment may be appropriate for the treatment of your dysfunction but your therapist will discuss the treatment before performing the technique.

IMT is a valuable treatment for musculoskeletal pain. Like any treatment there are possible complications. While these complications are rare in occurrence, they are real and must be considered prior to giving consent to treatment.

Risks of the procedure:

Though unlikely, there are risks associated with this treatment. The most serious risk associated with IMT is accidental puncture of a lung (pneumothorax). If this were to occur, it may likely only require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe lung puncture can require hospitalization and re-inflation of the lung. This is a rare complication and in skilled hands should not be a concern.

Other risks may include bruising and/or infection. Please notify your provider if you have any conditions that can be transferred by blood. Bruising is a common occurrence and should not be a concern unless you are taking a blood thinner. As the needles are very small and does not have a cutting edge, the likelihood of any significant tissue trauma from IMT is unlikely.

Please consult with your practitioner if you have any questions regarding the treatment above.

Do you have any known disease or infection that can be transmitted through bodily Fluids? **YES NO**

If you marked yes, please discuss with your practitioner.

Signature of Patient or Guardian

Date

Print Name